

MENTAL HEALTH

| Organization Name | Description | Website | Contact Information |
|---|---|---|---------------------|
| Active Minds | We are dedicated to saving lives and to building stronger families and communities. Through education, research, advocacy, and a focus on young adults ages 14–25, Active Minds is opening up the conversation about mental health and creating lasting change in the way mental health is talked about, cared for, and valued in the United States. | https://www.activeminds.org | (202) 332-9595 |
| Child Welfare League of America | CWLA leads and engages its network of public and private agencies and partners to advance policies, best practices and collaborative strategies that result in better outcomes for children, youth and families that are vulnerable. | http://www.cwla.org/ | (202) 688-4200 |
| Community of Hope | They have three Federally Qualified Health Centers and one community resource hub across the District that meet the medical, dental, and emotional wellness needs of the un- and under-insured. They provide quality, compassionate care and an outstanding patient experience, regardless of insurance or ability to pay. Their health staff engages their patients to keep DC healthy through affordable and accessible healthcare. | https://www.communityofhopedc.org/ | (202) 407-7747 |
| Crittenton Services of Greater Washington | Crittenton Services delivers goal-setting programs that address key issues in the lives of teen women: pregnancy prevention, healthy relationships and teen parenting. By demystifying the key issues of health education, self-esteem, pregnancy, STI prevention and the fundamentals of healthy relationships, Crittenton is creating stronger, healthier communities in the Greater Washington area | http://www.crittentonservices.org/ | (301) 565-9333 |
| Depression and Bipolar Support Alliance | Depression and Bipolar Support Alliance: National Capital Area Chapter provides peer support, education, and advocacy for individuals impacted by depression and bipolar disorder in Maryland, Virginia, The District of Columbia, and beyond | http://dbsanca.org/ | (240) 780-8706 |
| DC Rape Crisis Center | The DC Rape Crisis Center is a non-profit organization (501(c)(3)) and the designated sexual assault coalition for the District of Columbia. DCRCC is the oldest and the first rape crisis center in the country, and the only rape crisis center in the District of Columbia that has spent the past 46 years listening to the stories of survivors of sexual assault. In our 46th year, we are working to empower a culture of consent. | http://dcrcc.org/ | (202) 232-0789 |
| DC SAFE | Our mission is to ensure the safety and self-determination of domestic violence survivors in Washington, DC through emergency services, court advocacy and system reform. | http://dcsafe.org/ | (202) 506-2901 |
| La Clínica del Pueblo | Since 1983, La Clínica del Pueblo has been addressing the distinct health needs of our community through comprehensive primary medical care with wrap-around services across the life spectrum; mental health and substance use treatment; medical interpretation and language access advocacy; community health including health education and safe spaces; and advocacy strategies to increase inclusion and health equity for Latino immigrants. | http://lcdp.org | (202) 462-4788 |
| Mental Health America (MHA) | MHA's programs and initiatives fulfill its mission of promoting mental health and preventing mental illness through advocacy, education, research and services. MHA's national office and its 200+ affiliates and associates around the country work every day to protect the rights and dignity of individuals with lived experience and ensure that peers and their voices are integrated into all areas of the organization. | https://www.mhanational.org/ | (703) 684-7722 |

MENTAL HEALTH

| Organization Name | Description | Website | Contact Information |
|--|--|---|------------------------------------|
| NAMI DC | The mission of NAMI DC is to support and educate family, friends, the public, and persons with a diagnosis of serious mental illness, and to advocate for the development of services. | http://www.namidc.org/ | 202-466-0972 |
| People Animals Love (PAL) | People Animals Love (PAL) is a 501(c)(3) non-profit that leverages the human-animal bond to solve pressing social problems, by improving the lives of the elderly and lonely, easing the pain of the sick, and giving at-risk children an opportunity to succeed. | http://www.peopleanimalslove.org/ | (202) 966-2171 |
| Rape, Abuse, & Incest National Network | RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization and was named one of "America's 100 Best Charities" by Worth magazine. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE and online.rainn.org) in partnership with more than 1,100 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. | http://rainn.org | 202.544.1034 or 800.656.4673 |
| Sasha Bruce | Sasha Bruce Youthwork is one of the largest and most experienced providers of services to youth in Washington, DC. Sasha Bruce helps young people find safe homes, achieve and maintain good physical and mental health, create and strengthen supportive and stable families, and explore opportunities in education and careers. This year marked our Ruby Anniversary. For four decades, we've reunited more than 13,000 homeless youth with strengthened families. | http://sashabruce.org | (202) 675-9340 |
| So Others Might Eat (SOME) | SOME (So Others Might Eat) is an interfaith, community-based organization that exists to help the poor and homeless of our nation's capital. We meet the immediate daily needs of the people we serve with food, clothing, and health care. We help break the cycle of homelessness by offering services, such as affordable housing, job training, addiction treatment, and counseling, to the poor, the elderly and individuals with mental illness. | http://some.org/ | (202) 797-8806 |
| Soccer Shots | At Soccer Shots, we believe that soccer is a powerful vehicle for positively impacting youth. Through our partnership with the U.S. Soccer Foundation, we aim to impact children who live in underserved communities through quality soccer programs that support their physical and personal development. | https://www.soccershots.org/dc/ | 443-975-1220 |
| Students Taking Charge (Action for Healthy Kids) | Our mission is to develop youths' resistance to engage in negative behaviors and to progress academically and socially by developing PRIDE in self, family, and culture. | http://www.takechargeprogram.org/ | 301-343-2334 |
| Teens Count, Inc. | Teens Count works with students, parents, families and high school administrators to organize unique fashion oriented programs. Teens Count allows for the learning and exploration of fashion through fun, adventurous, educational and culturally significant activities. The program builds skill and confidence on the runway, enhances total wellness and self-esteem, stresses the importance of fitness and nutrition and develops live performance techniques. | http://www.teenscount.org/ | (202) 424-1821 |
| The Women's Center | Nonprofit counseling and psychological center for women, men, and families in the Metropolitan Washington area. | http://thewomenscenter.org | (202) 293-4580 |

MENTAL HEALTH

| Organization Name | Description | Website | Contact Information |
|------------------------------------|--|---|---------------------|
| United Planning Organization (UPO) | UPO offers afterschool programs that help students develop more positive attitudes towards learning. Children are taught using a model curriculum that supports children and families around five central areas: high quality academic enrichment, parent and family involvement, civic engagement and social action, intergenerational development and nutrition, health and mental health. | http://www.upo.org/ | (202) 238-4609 |
| Wendt Center for Loss & Healing | We help children, youth and adults rebuild their emotional lives after loss, illness, violence and trauma. | https://www.wendtcenter.org/ | (202) 624-0010 |